


AtlantisValley Foods: DANE COUNTY OLDER NUTRITION PROGRAM

May 2024

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<p>Meals provided by AtlantisValley Foods.</p> <p>All menu items are prepared in a kitchen that is not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact.</p> <p>All Salads come individually packaged with Fork, Crouton Packet, and Dressing Packet. Each entrée salad meal will include a whole grain dinner roll, butter pat, fruit, and dessert. Chickpeas can be substituted for meat in any salad to make it a Meatless Option.</p> <p>No substitutions allowed.</p> <p>PB = Plant Based SF = Sugar Free WG = Whole Grain</p> <p>MO = Meatless Option SO = Salad Option *Contains Pork</p>		<p>Chicken Salad Sandwich Coleslaw Baby Carrots with Ranch Fresh Fruit Mix Cherry Apple Crunch Bar MO: Mediterranean Veggie Sandwich NCS: Cantaloupe SO: Sunflower Crunch Salad</p>	<p>*Lasagna Steamed Broccoli Italian Vegetable Mix WG Bread w/ Butter Diced Pears Snickerdoodle Cookie MO: PB Spaghetti and Meatballs NCS: SF Cookie SO: *Italian Salad</p>	<p>*BBQ Rib Sandwich *Hoppin John Beans Roasted Rosemary Potatoes Peaches Birthday Cake MO: PB Sausage NCS: Red Seedless Grapes</p>
6	7	8	9	10
<p>Pulled BBQ Chicken Sandwich Italian Vegetable Blend Cauliflower Mandarin Oranges Pudding MO: BBQ PB Chicken NCS: SF Pudding SO: *Spinach Salad</p>	<p>Breakfast Tacos Tri Cut Potatoes Asparagus Tips Banana Assorted Danish MO: Vegetarian Sausage & Egg Scramble NCS: Honey Dew SO: *Turkey Club</p>	<p>*Ham & Cheese Pinwheel 3 Bean Medley Tomato Cucumber Salad Orange Wedges Nutty Buddy Bar MO: Veggie Pinwheel NCS: SF Wafer SO: *Cobb Salad</p>	<p>Fajita Casserole Fiesta Corn Blend *Hoppin John Beans Cantaloupe Oatmeal Raisin Cookie MO: Beyond Beef Taco Meat NCS: SF Cookie SO: Southwest Chicken Salad</p>	<p>*Creamy Potato and Bacon Soup WG Dinner Roll w/ Butter Side Salad Fruit Medley Yogurt MO: Butternut Squash Bisque NCS: Cantaloupe</p>
13	14	15	16	17
<p>*Brat on a Bun Hot Sauerkraut *Baked Beans Potato Salad Peanut Butter Brownie MO: PB Sausage NCS: Planters Peanuts SO: Chicken Almond Salad</p>	<p>Meatball Sub Green Beans Crinkle Cut Carrots M&M Cookie MO: PB Meatball Sub NCS: SF Cookie SO: *Italian Salad</p>	<p>Blackened Chicken Alfredo Sliced Beets Steamed Broccoli Fresh Cut Fruit Rice Krispie Treat MO: Vegetarian Alfredo NCS: SF Wafer SO: *Chicken Bacon Salad</p>	<p>*Macaroni Club Pasta Salad Tomato Cucumber Salad Baby Carrots with Ranch Cantaloupe Super Donut MO: Vegetarian Pasta Salad NCS: Banana SO: Garden Vegetable Salad</p>	<p>Baked Cod w/Dill Cream Sauce WG Bread w/Butter Paco Vegetable Blend Peas and Carrots Sliced Peaches Red Velvet Cookie MO: PB Shrimp NCS: Red Seedless Grapes</p>
20	21	22	23	24
<p>*Ham & Cheddar Sandwich Raw Broccoli Florets with Ranch Tropical Fruit Mix Nutty Buddy Bar MO: Mediterranean Veggie Sandwich NCS: Planters Peanuts SO: *Chef Salad</p>	<p>Lemon Herb Chicken Over Wild Rice Prince Charles Veg Carrots Fresh Cut Fruit Peanut Butter Pie MO: PB Chicken Breast NCS: Planters Peanuts SO: Chicken Caesar</p>	<p>*Pulled Pork Sandwich Mixed Vegetable Blend *Baked Beans Sliced Peaches Sugar Cookie MO: BBQ Jackfruit NCS: SF Cookie SO: *Cobb Salad</p>	<p>Grilled Hamburger on a Bun Fiesta Corn Blend Cheesy Garlic Herb Potatoes White Chocolate Chunk Lemon Cookie MO: Black Bean Patty NCS: SF Lemon Cookie SO: Southwest Chicken Salad</p>	<p>Chili Mac Casserole Capri Vegetable Blend Peas and Pearl Onions Cantaloupe Blueberry Muffin MO: Beyond Chili Casserole NCS: Blueberries</p>
27	28	29	30	31
<p>Closed for Memorial Day</p> 	<p>Chicken Pot Pie Roasted Garlic Mashed Potatoes Cranberry Sauce Triple Chocolate Cookie MO: Bean and Veggie Pie Filling NCS: SF Pudding SO: Garden Vegetable Salad</p>	<p>Chicken Broccoli Rice Casserole Prince Charles Veg Carrots Honey Dew Cherry Gel Cup MO: PB Chicken Broccoli Rice Casserole NCS: SF Jello SO: *Chicken Bacon Salad</p>	<p>*Hot Dog on a Bun Corn *Baked Beans Fruit Medley Peach Crumb Bar MO: PB Sausage NCS: SF Wafer SO: Sunflower Crunch</p>	<p>Tuna Salad Sandwich 3 Bean Medley Raw Broccoli Florets with Ranch Fresh Fruit Mix Chocolate Chip Cookie MO: Mediterranean Veggie Sandwich NCS: SF Cookie</p>