

MAY NBU CALENDAR OF EVENTS

01 WEDNESDAY

9:00 Stretch & Strength Zoom
10:00 Easy Yoga Plus Zoom
10:00 Book Club Warner Park
10:15 Mindful Movement Zoom
1:00 Tech Masters Labor Temple
1:00 Ping Pong Warner Park
1:00 Cartas y Juegos Warner Park
1:00 Círculo De Amigos Zoom

02 THURSDAY

9:00 Sewing Club Warner Park
9:30 Foot Clinic Lake Edge
10:00 Corte y Confeccion Art Lit Lab
10:30 Chair Yoga Warner Park
12:00 Drum Circle Warner Park
12:00 Tambores Warner Park
1:00 Mah Jong Warner Park
2:00 Cafeteria Zoom
3:15 Bordado a Mano Zoom

03 FRIDAY

10:00 Easy Yoga Plus Zoom
10:15 Mindful Movement Zoom
10:15 Bilingual Bingo Warner Park

05 SUNDAY

10:00 Corte y Confeccion Art Lit Lab

06 MONDAY

9:00 Ping Pong Warner Park
9:00 Stretch & Strength Zoom
10:00 Chair Yoga Lakeview Library
10:15 Yoga Suave Zoom
2:00 Bunco Warner Park

07 TUESDAY

11:00 ESL Good Shepherd
11:30 Memory Lane Warner Paark
1:00 Euchre Warner Park
1:00 Spirit & Strength Zoom
1:00 Foot Clinic Lakeview Church
2:00 Sassy Steppers Warner Park

08 WEDNESDAY

9:00 Stretch & Strength Zoom
10:00 Easy Yoga Plus Zoom
10:15 Mindful Movement Zoom
1:00 Cards/Games Warner Park
1:00 Ping Pong Warner Park
1:00 Card Making Warner Park
1:00 Game Day Warner Park
1:00 Cartas y Juegos Warner Park
1:00 Círculo De Amigos Zoom

09 THURSDAY

10:00 Corte y Confeccion Art Lit Lab
10:30 Chair Yoga Warner Park
12:00 Drum Circle Warner Park
12:00 Tambores Warner Park
12:15 Adventures Warner Park
1:00 Mah Jong Warner Park
2:00 Cafeteria Zoom
3:15 Bordado a Mano Zoom
6:00 50+ Encontranto Goodman

10 FRIDAY

10:00 Easy Yoga Plus Zoom
10:00 Celebracion Good Shepherd
10:15 Mindful Movement Zoom
10:15 Bingo Warner Park

12 SUNDAY

10:00 Corte y Confeccion Art Lit Lab

13 MONDAY

9:00 Ping Pong Warner Park
9:00 Stretch & Strength Zoom
10:00 Chair Yoga Lakeview Library
10:00 Foot Clinic Goodman Com.
10:15 Yoga Suave Zoom
2:00 Bunco Warner Park

14 TUESDAY

9:30 Foot Clinic Monona United
11:00 ESL Good Shepherd
1:00 Euchre Warner Park
1:00 Spirit & Strength Zoom
2:00 Sassy Steppers Warner Park

15 WEDNESDAY

9:00 Stretch & Strength Zoom
10:00 Easy Yoga Plus Zoom
10:15 Mindful Movement Zoom
1:00 Ping Pong Warner Park
1:00 Cartas y Juegos Warner Park
1:00 Círculo De Amigos Zoom

16 THURSDAY

9:00 Sewing Club Warner Park
9:30 Foot Clinic Lake Edge
10:00 Corte y Confeccion Art Lit Lab
10:30 Chair Yoga Warner Park
12:00 Drum Circle Warner Park
12:00 Tambores Warner Park
1:00 Mah Jong Warner Park
2:00 Cafeteria Zoom
3:15 Bordado a Mano Zoom

17 FRIDAY

10:00 Easy Yoga Plus Zoom
10:15 Mindful Movement Zoom
10:15 Bingo Warner Park
10:30 Bilingual Bingo Good Shepherd
1:00 Forever Fit Warner Park

19 SUNDAY

10:00 Corte y Confeccion Art Lit Lab

20 MONDAY

9:00 Ping Pong Warner Park
9:00 Stretch & Strength Zoom
10:00 Chair Yoga Lakeview Library
10:15 Yoga Suave Zoom
2:00 Bunco Warner Park

21 TUESDAY

9:30 Foot Clinic Monona United
11:00 ESL Good Shepherd
1:00 Euchre Warner Park
1:00 Spirit & Strength Zoom
1:00 Financial Plan Labor Temple
2:00 Sassy Steppers Warner Park

MAY NBU CALENDAR OF EVENTS

22 WEDNESDAY

9:00 Stretch & Strength Zoom
 10:00 Easy Yoga Plus Zoom
 10:15 Mindful Movement Zoom
 11:00 **Clever Cooks** **FEED Kitchen**
 1:00 Ping Pong Warner Park
 1:00 **Cartas y Juegos** Warner Park
 1:00 **Círculo De Amigos** Zoom

23 THURSDAY

9:00 Foot Clinic Warner Park
 10:00 **Corte y Confeccion** **Art Lit Lab**
 10:30 Chair Yoga Warner Park
 12:00 Drum Circle Warner Park
 12:00 **Tambores** Warner Park
 1:00 Mah Jong Warner Park
 2:00 **Cafeteria** Zoom
 3:15 **Bordado a Mano** Zoom

24 FRIDAY

10:00 Easy Yoga Plus Zoom
 10:15 Mindful Movement Zoom
 10:15 Bingo Warner Park
 6:00 Party @ Park Brittingham
 6:00 **Fiesta Parque** Brittingham

26 SUNDAY

10:00 **Corte y Confeccion** **Art Lit Lab**

27 MONDAY

9:00 Ping Pong Warner Park
 9:00 Stretch & Strength Zoom
 10:00 Chair Yoga Lakeview Library
 10:15 **Yoga Suave** Zoom
 2:00 Bunco Warner Park

28 TUESDAY

9:00 Foot Clinic Good Shepherd
 9:30 Foot Clinic Monona United
 11:00 **ESL** Good Shepherd
 1:00 Euchre Warner Park
 1:00 Spirit & Strength Zoom

2:00 Sassy Steppers Warner Park

29 WEDNESDAY

9:00 Stretch & Strength Zoom
 10:00 Easy Yoga Plus Zoom
 10:15 Mindful Movement Zoom
 1:00 Ping Pong Warner Park
 1:00 **Cartas y Juegos** Warner Park
 1:00 **Círculo De Amigos** Zoom
 1:00 **Book Club** Goodman Library

30 THURSDAY

10:00 **Corte y Confeccion** **Art Lit Lab**
 10:30 Chair Yoga Warner Park
 12:00 Drum Circle Warner Park
 12:00 **Tambores** Warner Park
 1:00 Mah Jong Warner Park
 2:00 **Cafeteria** Zoom
 3:15 **Bordado a Mano** Zoom



Programs focus on our Black older adults.



Programs focus on our Hispanic older adults and offered in Spanish only.

PROGRAM LOCATIONS:

Arts + Literature Laboratory
 111 S. Livingston St.

Brittingham Park
 829 W. Washington Ave.

Good Shepherd Lutheran Church
 5701 Raymond Rd.

Goodman Community Ctr
 149 Waubesa St.

Goodman South Library
 2222 S. Park St.

Lake Edge Church
 4032 Monona Dr.

Lakeview Library
 2845 N. Sherman Ave.

Lakeview Church
 4001 Mandrake Rd.

Madison Labor Temple
 1602 S. Park St.

Meadowridge Commons
 5734 Raymond Rd.

Monona United Church
 606 Nichols Rd., Monona

Warner Park Community Recreation Center
 1625 Northport Dr.